



International Understanding & Cooperation Program District 33-A Lions of Massachusetts

Dear District 33-A Lions,

You are invited to participate in "Operation Shoe Box". This program is an effort that has been coordinated with the US Military and US Post Office for shipping needed goods for our men and women overseas for those who are ensuring our freedoms.

A list of items accompanying this letter that has been compiled from the most frequent requests of our military personnel.

Names of our Military Personnel have been provided to District 33-A to provide a direct mailing to those individuals overseas to the areas they are currently deployed. Updated information will be forwarded to provide for a continual updated mailing list.

Post Office personnel have offered to assist with paperwork for shipping out of the country and all collected items can be forwarded to me for shipment. For a parcel the size of a shoebox, a ten-dollar postage fee per box was estimated and is asked to accompany the donated items.

This program will become an ongoing program available to all Lions in the district.

Thank you for your participation. Any questions please call me (978) 939-8258.

Yours in Friendship and Lionism,

Lion Francine Braks
International Understanding & Cooperation Chairperson

Suggestions for packages to be mailed to military personnel stationed abroad.

Do not mail food items with any other items. **(*MOST REQUESTED)**

Fruit Cups Cup-a-Soup Chunky Soup Chef Boyardee Pretzels Raisins Oatmeal/Granola Bars* Rice Krispie Treats Peanut Butter Jelly Marshmallow Fluff* Twizzlers* Sunflower Seeds* Chex Mix* Beef Jerky* Powdered Drink Mix Coffee/Tea Instant Tea Mix* Hot Cocoa Sugar Packets Creamer Gum/Candy* Instant Oatmeal Gummie Worms* Planter's Nuts* Little Debbie Cakes* Apple Butter* Hot Sauce* Soy Sauce* Snack Crackers* Cracker Jacks* Cheese Popcorn* Lay's Products*	Lip Balm Shaving Cream Mach 3 Razors* Stick Deodorant Shampoo/Conditioner Foot Powder* Ear Swabs Mouthwash Liquid Body Soap Nail Clippers Toilet Paper Baby Wipes& Powder* Tissues Hand/Foot Warmers* Sunscreen Hand Sanitizer* Band-Aids Feminine Products Hairbrush/Combs Window Cleaner Wipes* Toothbrush Toothpaste Foot Cream* Hot Oil Packs For Hair* Gel Shoe Inserts* Micro fiber Hand towels* 5/16" Spring Link* Small Hammers* Screw drivers* Multi Purpose Clips* Travel Size Laundry Soap* Insect Bite Relief* Crest White Strips* Neosporin* Cuticle Oil* Oil Free Moisturizer* Eye Drops* Hook Strips* 8 x 10 Decorative Pictures Spring rods up to 72"	Civilian Clothing* Socks * Work Out Bras* Tan Tee Shirts* No pocket Underwear* M & F Movies VHS/DVD* Crossword Books* Puzzles* Playing Cards* Magazines/Books* Stationary* Envelopes* Pocket Calendar* Phone Cards for International Use* CD's* Hand held games* Flashlights Batteries* Writing Pens* Greeting Cards* (All Occassions) Soccer Balls* Air pumps for balls* MP3 Players* Mounting Tape* Plastic Photo Frames* Kid's Toys* B'Day Candles* Bag of Balloons* Scrap Books/Materials* Construction Paper* Plastic Shoebox* Clip Desk Lights* Light Bulbs 75 w Push Pins* No Metal Hair Elastics* Sharpies* Sticky Note Pads* Anything FUN!!****		
	Questions?: email			