

## Dan Bonnette

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**From:** Shelley & Steve Doucette [sdoucette@charter.net]  
**Sent:** Thursday, January 03, 2008 10:38 AM  
**To:** Carole; Dan Bonnette  
**Cc:** SHARON BROOKS; James Mahon  
**Subject:** Diabetes Awareness Project  
**Attachments:** Why\_Participate\_Natick\_Lions\_Program.pdf;  
Natick\_Lions\_Diabetes\_Awareness\_Program.pdf;  
Suggestions\_for\_Using\_Natick\_Lions\_Program.pdf

Hi Carole and Dan,

I'm hoping you can respectively help me, Carole with sending this out to Club Presidents in our District and Dan with posting it on the District website.

The Natick Lions Club has developed a Diabetes Awareness Project in conjunction with one of their members which I have looked at and believe is a useful tool in helping people understand the fundamentals of diabetes and healthy eating in a fun, interactive way. It's basically a kit that contains 100 copies of a 2-set "puzzle book" that has the reader solve word games and puzzles centered on nutrition and diabetes topics. The Club is selling the kit with a stand-up display for \$100 - that averages \$1 per book - well under the cost of a cup of coffee. Their thought is that Clubs might buy the kit and donate it to the local senior center, library, or assisted living center. I think Clubs might go through the book at meetings and do the games for fun thereby educating members about diabetes and nutrition - or hold a diabetes awareness night inviting the community to learn about diabetes and lionism! Clubs can also resell the kits for the actual retail value which is far more than what Natick is selling the kit to Lions for. The Natick Lions will be at Mid-winter with the kits so that Clubs can actually see the books in person. If you would like more information, you may contact Jamie Mahon at the Natick Lions at 339-222-8529.

Thank you,

Shelley Yeager  
Diabetes Awareness Chairperson